



**GEORGE
PINDAR
SCHOOL**

Safeguarding and Wellbeing Bulletin Autumn 2021

At George Pindar School we are continually working to support students in feeling safe and well at school and to enable them to flourish both within and outside of school.

Within school, Mr Murray and Miss Pickles lead the safeguarding and pastoral support alongside the Heads of Year and Form Tutors to offer guidance when needed to all of our students and their parents/carers where appropriate.

We have developed our relationships with the various external agencies to provide additional guidance and support – including the Sidewalk Youth Project, NY Youth Mentoring, NHS North Yorkshire, North Yorkshire Police, Compass Phoenix, Kooth Counselling, Early Help and CAMHS to name but a few services we work with.

Safety Awareness

The National Police Chiefs' Council have recently developed a campaign to highlight how a silent 999 call can be made if someone is in danger. The steps can be seen below.

In danger, need the police, but can't speak?

- 1 Dial 999
- 2 Listen to the questions from the 999 operator
- 3 Respond by coughing or tapping the handset if you can
- 4 If prompted, press **55**
This lets the 999 call operator know it's a genuine emergency and you'll be put through to the police.

See our guide for more information.



#MakeYourselfHeard
#SilentSolution



www.policeconduct.gov.uk



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Online Safety

With children and adults spending extended periods of time online, online safety is always a hot topic.

Here are

National Online Safety's

Top Tips:

- Monitor viewing habits
- Check online content
- Check age-ratings of apps to ensure that children have appropriate apps downloaded
- Change privacy settings, making accounts private and set content filters
- Let children know you're there, ensuring that there is support and advice should they need it
- Learn how to report and block on social media apps

Students are regularly reminded and taught about online safety as part of both the Philosophy and Ethics programme and tutor time activities delivered throughout the year.

Need to talk to somebody about something serious or a worry outside of school hours?



Text the George Pindar School Safeguarding Mobile Phone on **07895 132530**

EXPLOITATION SPOT THE SIGNS

MISSING DAY OR NIGHT
Missing from home or education. Not knowing where they are or who they are with.

NEW PLACES
Discovering they have been going to new places where they have no obvious connections.

ONLINE USE
Spending more time online. Secretive activity, refusal to come offline. Have they distanced themselves from family, friends and usual activities?

INJURIES
Unexplained bruises, cuts, burns, marks. Reluctance to seek medical attention.

CHANGE IN APPEARANCE
Clothing, personal hygiene, talking differently, tired.

CHANGE IN BEHAVIOUR
Have they become unusually secretive, fearful or withdrawn, aggressive, distanced themselves from family and friends, involved in anti-social behaviour.

CHANGE IN FRIENDS
Sudden changes in who they are 'hanging out' with including meeting new people from social media.

COPING MECHANISMS
Alcohol/drug use/self-harm – what they may be doing or using in order to cope.

POSSESSIONS
Unexplained items e.g. New clothing, money, phone, drugs.

HELP US STOP EXPLOITATION

CSE Awareness

CSE (Child Sexual Exploitation) is a key area of concern across North Yorkshire and the Scarborough area.

Here is advice from the leading charity, NWG, surrounding keeping children safe from exploitation.

Whilst we hope that this is something that never happens to any of our students, family or friends, prevention is powerful. In order to prevent exploitation, we need to be aware of it and also the signs of it.

www.stop-cse.org

TALK checklist to help keep your child safe online

The Internet Watch Foundation (IWF) tells us that 'since the start of the pandemic, the amount of 'self-generated' child abuse imagery has increased dramatically. In 2020, the IWF confirmed 68,000 cases of such imagery, a rise of 77% on the year before. It accounts for nearly half (44%) the imagery we took action on last year. In 80% of these cases, the victims were 11- to 13-year-old girls.'

The IWF has created a resource to help parents and carers understand the risks of 'self-generated child sexual abuse imagery' using the acronym 'TALK'.

To find out more, go to: <https://talk.iwf.org.uk/>

Nude Images

Students in all year groups are taught about online safety and consent, at an age-appropriate level within PSHE. The sending of indecent images is covered within this content. This month, the NSPCC have released a new online tool through their service for young people, Childline. The **Report Remove Tool** has been created in conjunction with the Internet Watch Foundation (IWF). The tool allows those under 18 to report nude images or videos of themselves. The IWF will then work to have the image removed from the internet. More information can be found here:

<https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/remove-nude-image-shared-online/>

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