



**GEORGE
PINDAR
SCHOOL**

SAFEGUARDING NEWSLETTER – SPRING 2022

At George Pindar School we are continually working to support students in feeling safe and well at school and to enable them to flourish both within and outside of school.

Within school, Mr Murray and Miss Pickles lead the safeguarding and pastoral support alongside the Heads of Year and Form Tutors to offer guidance when needed to all of our students and their parents/carers where appropriate.

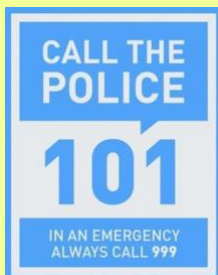
We have developed our relationships with the various external agencies to provide additional guidance and support – including the Sidewalk Youth Project, NY Youth Mentoring, NHS North Yorkshire, North Yorkshire Police, Compass Phoenix, Kooth Counselling, Early Help and CAMHS to name but a few services we work with.



Following the blaze at the old Overdale School site on Friday 25th February, it has come to light that a number of children from the local community had been playing in the abandoned buildings for several months.

It goes without saying that this behaviour could have had tragic consequences and we urge parents to speak to their children about the dangers of playing in derelict buildings or on private property and that trespassing is also a criminal offence.

If you have concerns that children are playing in potentially dangerous locations they can be reported to the Police via 101.



WARNING TO PUBLIC
THIS BUILDING SITE IS PRIVATE PROPERTY
NO UNAUTHORISED PERSONS ALLOWED.
Liability will not be accepted by the builder
for any injury sustained by trespassers.
NOTICE TO PARENTS
Parents are especially requested to warn
children of the dangers, and consequences,
of trespassing, and playing, on this site.



The Spring Term has seen an increase in the number of issues surrounding the inappropriate use of social media.

George Pindar School does not tolerate bullying in all of its forms – including the use of online media.

Students found to be bullying students will be subject to consequences outlined in the school's Anti-Bullying policy which can be found:

<https://gps.hs.lt.academy/our-policies/>

If a social media communication is abusive, intimidatory or threatening, then keep a record of it (such as a screen shot) and report it to the social media platform and to the police.

Similarly, any posts that are derogatory towards the school, staff or students will also be treated very seriously and the police will be notified.

Please ensure your child is aware of the consequences of inappropriate use of social media and messaging services – 'malicious communications' and 'harassment' are both serious criminal offences.

Need to talk to somebody about something serious or a worry outside of school hours?

Text the George Pindar School Safeguarding Mobile Phone on **07895 132530**

There are 5 steps you can take to improve your mental health and wellbeing.
Trying these things could help you feel more positive:



Talk and listen.
Be there for people.
Feel connected, listening carefully.

Move your mood.
Find active things that you enjoy.
Enjoy the endorphins.

Remember the simple things that make you smile.
Pay attention to the present moment.

Embrace new experiences.
Seek opportunities.
Find out new information.

Give your time.
Give your words.
Give your presence.
Acts of kindness.

Good relationships with people are important for your mental wellbeing. They give you chance to share positives and provide support when it's needed.

Being active is not only great for your physical health, but improves mental wellbeing too. It raises self-esteem as well as releasing hormones which improve your mood.

Listen to your thoughts and feelings and be aware of the world around you. This can help you to approach situations more positively in life.

Learning new skills boosts wellbeing by building self-confidence and self-esteem. This can include things such as cooking something new at home or trying a new hobby.

Giving and acts of kindness support mental wellbeing by creating positive feelings and purpose. Giving also helps you connect to others too.

Trespassing on Railway Lines

Due to the very high level of trespassing on the tracks by young people in the local area, Network Rail in partnership with Learn Live are working to help raise awareness to students across the UK educating them about the dangers of the train tracks through the videos linked below:

<https://learnliveuk.com/network-rail-secondary-school-safety-talk/>
<https://learnliveuk.com/i-am-train-safe/>

You can use the email address railsafety@learnliveuk.com in the "I am registered field" when you first watch the videos.

Over 14 million students, parents and teachers from across the UK have watched these videos which has led to a significant decrease in the number of trespasses in their area through watching the latest rail safety videos.



Philosophy & Ethics Spring Term Topics:

YEAR 7

Health & Wellbeing
Tutor – KS3 Archbishop Award

YEAR 8

Religious Education
Tutor – Religion and Charity

YEAR 9

Health & Wellbeing
Tutor – Citizenship/British Values

YEAR 10

Religious Studies – Short Course
Tutor – Employability & Careers

YEAR 11

Sex Education
Religious Studies
Tutor – Citizenship/British Values

Key Safeguarding Contacts at GPS:

Mr B Murray (DSL and Vice Principal)
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Miss H Pickles (Deputy DSL)
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