

# **Unlocking Autism for Parents**

Assisting parental understanding of autism, communication and sensory needs.

## Who is it for?

Unlocking Autism is a free course for parents and carers of children and young people
with communication and interaction needs. You must live in North Yorkshire or your
child attend a North Yorkshire school to be eligible. Children do not need to have a
diagnosis of autism in order for parents to attend.

## What will I learn?

 The programme includes sessions on behaviour, emotional regulation, Communication, sensory differences and autism providing practical tools and strategies to support children and young people.

#### When does the course take place?

• This is an online course which consists of five sessions which either run over two full days or as five, 2 hour webinars. It is recommended that parents/carers complete all five sessions in order to derive maximum benefit from the programme.

## How do I book?

- To book a place please use the following link: Global Search | North Yorkshire Education Services (nyestraining.co.uk)
- You will need to register on the website first, and make sure you put <u>parent</u> in the job title/organisation boxes and 'attend training course' in reason section. Then you're all set up to go and book on to whichever course suits you best.

# **Unlocking Autism for Parents – 2022-2023**

Course Title		Date	Session	Time
*	Unlocking Autism - 2 day course	Wednesday 30 <sup>th</sup> November 2022	Day 1 of 2	09:30am - 3:30pm
		Wednesday 7 <sup>th</sup> December 2022	Day 2 of 2	09:30am - 3:30pm
*	Unlocking Autism - 5 sessions	Wednesday 22 <sup>nd</sup> February 2023	Session 1 of 5	12:45pm - 2:45pm
		Wednesday 1 <sup>st</sup> March 2023	Session 2 of 5	12:45pm - 2:45pm
		Wednesday 8 <sup>th</sup> March 2023	Session 3 of 5	12:45pm - 2:45pm
		Wednesday 15 <sup>th</sup> March 2023	Session 4 of 5	12:45pm - 2:45pm
		Wednesday 22 <sup>nd</sup> March 2023	Session 5 of 5	12:45pm – 2:45pm
*	Unlocking Autism - 5	Thursday 8 <sup>th</sup> June 2023	Session 1 of 5	09:30am - 11:30am
	sessions	Thursday 15 <sup>th</sup> June 2023	Session 2 of 5	09:30am - 11:30am
		Thursday 22 <sup>nd</sup> June 2023	Session 3 of 5	09:30am - 11:30am
		Thursday 29 <sup>th</sup> June 2023	Session 4 of 5	09:30am - 11:30am
		Thursday 6 <sup>th</sup> July 2023	Session 5 of 5	09:30am - 11:30am

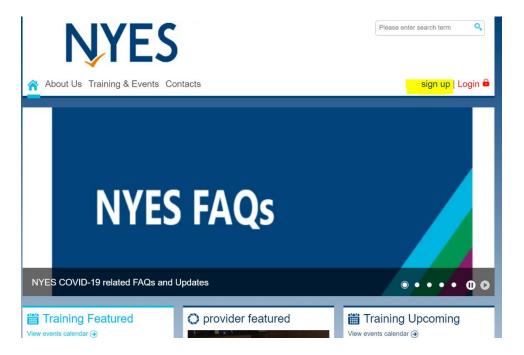
We are working on a downloadable version of the course for parents to access themselves and this will be available in 2023.

If you have any further queries please contact <a href="mailto:elise.logan@northyorks.gov.uk">elise.logan@northyorks.gov.uk</a>. Please note that I am unable to book places on courses for you.

If you are having difficulties with booking on or accessing the site, please contact the NYES team on 01609 533222.

# Registering to use NYES:

1. Follow the link: nyestraining.co.uk. The following page will be displayed. Please select 'sign up':



2. When completing the 'new account request' please complete the highlighted boxes with 'parent' & 'attend training course' as indicated below. This will provide you with access to book the appropriate course:

